Stock UP Price List

| Fruits |  |
| :--- | :---: |
| Apple | $\$ .49 / \mathrm{lb}$ |
| Apple, Organic | $\$ .99 / \mathrm{lb}$ |
| Apricots | $\$ .99 / \mathrm{lb}$ |
| Bananas | $\$ .49 / \mathrm{lb}$ |
| Berries, 6 oz | $\$ 1.00$ |
| Berries, 6 oz Organic | $\$ 1.88$ |
| Cantaloupe | $\$ 0.50$ |
| Cherries | $\$ 1.99 / \mathrm{lb}$ |
| Clementine (5 lbs) | $\$ 3.99$ |
| Grapefruit | $\$ 0.50$ |
| Grapes | $\$ .99 / \mathrm{lb}$ |
| Grapes, Organic | $\$ 1.68 / \mathrm{lb}$ |
| Kiwi | $\$ 0.25$ |
| Lemons | $\$ 0.25$ |
| Limes | $\$ 0.20$ |
| Mango | $\$ 0.50$ |
| Nectarines | $\$ .50 / \mathrm{lb}$ |
| Nectarines, Organic | $\$ 1.99 / \mathrm{lb}$ |
| Oranges | $\$ .49 / \mathrm{lb}$ |
| Peaches | $\$ .88 / \mathrm{lb}$ |
| Peaches, Organic | $\$ 1.99 / \mathrm{lb}$ |
| Pears | $\$ .49 / \mathrm{lb}$ |
| Pears, Organic | $\$ .99 / \mathrm{lb}$ |
| Pineapple | $\$ 1.00$ |
| Plums | $\$ .50 / \mathrm{lb}$ |
| Strawberries, 16 oz | $\$ 1.25$ |
| Strawberries, 16 oz, Or: | $\$ 1.88$ |
| Watermelon | $\$ 2.00$ |


| Veggies |  |
| :---: | :---: |
| Asparagus | \$.99/lb |
| Avocado - large | \$0.88 |
| Avocado - small | \$0.33 |
| Beets | \$.99/lb |
| Bell Peppers | \$0.33 |
| Bell Peppers, Organic | \$1.00 |
| Broccoli | \$.49/lb |
| Brussels Sprouts | \$1.99/lb |
| Cabbage | \$.49/lb |
| Carrots (Baby) | \$.99/lb |
| Cauliflower | \$.49/lb |
| Celery | \$0.49 |
| Celery, Organic | \$0.99 |
| Coleslaw (bagged) | \$1.00 |
| Corn | \$0.20 |
| Cucumbers | \$0.50 |
| Cucumbers, Organic | \$1.00 |
| Eggplant | \$0.49 |
| Garlic | \$0.25 |
| Green Beans | \$.99/lb |
| Kale, Organic | \$0.99 |
| Lettuce (bagged) | \$1.99 |
| Lettuce, Head | \$0.99 |
| Mushrooms (8 oz) | \$1.99 |
| Onions | \$.50/lb |
| Potatoes | \$.50/lb |
| Spinach | \$1.71/lb |
| Spinach, Organic | \$3.99/lb |
| Summer Squash | \$.49/lb |
| Sweet Potatoes | \$.99/lb |
| Tomatoes | \$.49/lb |
| Tomatoes, Organic | \$.99/lb |
| Winter Squash | \$.49/lb |


| Meat/Poultry |  |
| :--- | :---: |
| Bacon | $\$ 2.99 / \mathrm{lb}$ |
| Beef - Ground | $\$ 2.99 / \mathrm{lb}$ |
| Beef - Steak | $\$ 5.99+/ \mathrm{lb}$ |
| Beef - Roasts | $\$ 2.99 / \mathrm{lb}$ |
| Chicken Breasts | $\$ 1.69 / \mathrm{lb}$ |
| Chicken Thighs | $\$ .69 / \mathrm{lb}$ |
| Chicken Tenders | $\$ 1.99 / \mathrm{lb}$ |
| Chicken Sausage | $\$ 1.99 / \mathrm{lb}$ |
| Chicken Whole | $\$ .99 / \mathrm{lb}$ |
| Deli Meats | $\$ 2.99 / \mathrm{lb}$ |
| Fish - Cod, mahi, tuna | $\$ 4.99 / \mathrm{lb}$ |
| Fish - Salmon | $\$ 4.99 / \mathrm{lb}$ |
| Fish - Tilapia | $\$ 5.50 / \mathrm{lb}$ |
| Shrimp | $\$ 4.99 / \mathrm{lb}$ |
| Hot Dogs | $\$ 0.50$ |
| Pork - Chops, Tenderloi | $\$ 1.99 / \mathrm{lb}$ |
| Pork Roast | $\$ 1.99 / \mathrm{lb}$ |
| Pork Sausage | $\$ 1.99 / \mathrm{lb}$ |
| Turkey Bacon | $\$ 1.99 / \mathrm{lb}$ |
| Turkey - Ground | $\$ 2.99 / \mathrm{lb}$ |
| Turkey - Whole, fresh | $\$ 1.29 / \mathrm{lb}$ |
| Turkey - Whole, frozen | $\$ .69 / \mathrm{lb}$ |


| Refrigerated |  |
| :--- | :--- |
| Butter (1 Ib) | $\$ 1.99$ |
| Butter, tub | $\$ 1.00$ |
| Cheese, block 8 oz | $\$ 1.49$ |
| Cheese, shredded 8 oz | $\$ 1.25$ |
| Cheese, string, each | $\$ 0.20$ |
| Cinnamon Rolls, ref | $\$ 1.00$ |
| Cottage Cheese, 16 oz | $\$ 1.00$ |
| Cream Cheese, 8 oz | $\$ 1.00$ |
| Crescent Rolls, Biscuits | $\$ 1.00$ |
| Eggs (dozen) | $\$ 0.99$ |
| Eggs, Organic (dozen) | $\$ 1.99$ |
| Milk, gallon | $\$ 1.99$ |
| Milk, gallon (organic) | $\$ 4.99$ |
| Orange Juice | $\$ 1.99$ |
| Sour Cream | $\$ 1.00$ |
| Yogurt, Greek | $\$ 0.50$ |
| Yogurt, Kids stuff | $\$ 0.17$ |
| Yogurt, Single serve | $\$ 0.33$ |
|  |  |
| Freezer Items |  |
| Veggies, frozen (16 oz) | $\$ 1.00$ |
| Fruits, frozen (16 oz) | $\$ 1.99$ |
| Ice Cream, 1.5 qt | $\$ 1.99$ |
| Pizza | $\$ 3.25$ |

Stock UP Price List

| Staples |  |
| :--- | :---: |
| Applesauce Squeeze | $\$ 0.33$ |
| BBQ Sauce | $\$ 1.00$ |
| Beans, Canned | $\$ 0.50$ |
| Beans, Bulk | $\$ .99 / l \mathrm{l}$ |
| Bread | $\$ 1.99$ |
| Brownie Mix | $\$ 1.00$ |
| Buns | $\$ 1.99$ |
| Cake Mix | $\$ 1.00$ |
| Cereal | $\$ 1.49$ |
| Chicken Broth | $\$ 0.50$ |
| Chips, 13 oz | $\$ 1.88$ |
| Chocolate Chips, 16 oz | $\$ 1.99$ |
| Condensed Milk | $\$ 1.00$ |
| Condensed Soap | $\$ 0.50$ |
| Cooking Spray | $\$ 1.25$ |
| Crackers, Boxed | $\$ 1.00$ |
| Evaporated Milk | $\$ 1.00$ |
| Flour, 5 lb | $\$ 0.99$ |
| Frosting | $\$ 1.00$ |
| Fruit Snacks, $6-8$ ct | $\$ 0.99$ |
| Fruits, Canned | $\$ 1.00$ |
| Goldfish, 6.6 oz | $\$ 0.99$ |
| Graham Crackers | $\$ 1.50$ |
| Granola Bars, box | $\$ 1.00$ |
| Honey 16 oz | $\$ 4.00$ |
| Hot Sauce | $\$ 1.00$ |
| Jelly | $\$ 1.00$ |
| Juice Boxes, 8 Ct | $\$ 1.75$ |
| Juice, 64 oz bottle | $\$ 1.00$ |
| Ketchup | $\$ 2.00$ |
| Mac \& Cheese | $\$ 0.50$ |


| Staples, cont'd |  |
| :--- | :--- |
| Marshmallows, bag | $\$ 1.00$ |
| Mayo | $\$ 2.50$ |
| Milk Boxes | $\$ 0.50$ |
| Muffin Mix | $\$ 1.00$ |
| Mustard | $\$ 1.00$ |
| Oatmeal, 8 count | $\$ 1.00$ |
| Oil - Canola, Veg | $\$ 2.00$ |
| Olive Oil, per ounce | $\$ 0.19$ |
| Pancake/Waffle Mix | $\$ 1.50$ |
| Pasta | $\$ 0.50$ |
| Pasta Sauce | $\$ 1.50$ |
| Peanut Butter, 16 oz | $\$ 1.00$ |
| Pickles | $\$ 2.50$ |
| Protein Bars | $\$ 0.50$ |
| Rice, bag | $\$ 1.00$ |
| Rice, instant packages | $\$ 1.50$ |
| Salad Dressing | $\$ 1.00$ |
| Salsa | $\$ 1.99$ |
| Soup Mix, dry, 2 count | $\$ 0.99$ |
| Soy Sauce | $\$ 1.00$ |
| Sugar, 4 lb bag | $\$ 0.99$ |
| Sugar, brown (2 lb) | $\$ 0.99$ |
| Sugar, powdered | $\$ 0.99$ |
| Syrup | $\$ 2.50$ |
| Tortilla Chips, 13 Oz | $\$ 0.89$ |
| Tortillas | $\$ 1.00$ |
| Veggies, Canned | $\$ 0.50$ |
| Vinegar, per ounce | $\$ 0.01$ |
| Water (single) | $\$ 0.08$ |
| Water, 24 pack | $\$ 1.99$ |
| Yeast, 3 pack strip | $\$ 0.99$ |
|  |  |


| Beverages |  | Personal Items |  |
| :---: | :---: | :---: | :---: |
| Sports Drinks | \$0.50 | Shampoos/Conditioners | \$2.00 |
| Coffee, Basic | \$3.99/lb | Floss | \$1.00 |
| Coffee, Gourmet | \$3.99/lb | Toothpaste | \$1.00 |
| Hot Cocoa Mix, 8 ct | \$1.00 | Toothbrush | \$1.00 |
| Tea Bags | \$2.00 | Lotion | \$3.50 |
| Soda, 12 cans | \$2.50 | Razors, 8 count | \$2.00 |
| Soda, 1 liter | \$0.50 | Hand Soap, 8 oz | \$0.79 |
|  |  | Deodorant | \$1.00 |
|  |  | Shaving Cream | \$1.00 |
|  |  | Mouthwash | \$3.50 |
|  |  | Tampax/Pads | \$1.00 |
|  |  | Band-Aids | \$1.50 |
|  |  | Household Items |  |
| Baby Items |  | Air Freshener Spray | \$1.99 |
| Diapers, each | \$0.15 | Aluminum Foil | \$1.99 |
| Wipes, each | \$0.02 | Batteries, each | \$0.50 |
| Wipes, small pouch | 0.49 | Bleach, 55 Oz | \$1.99 |
| Baby Food Jars, 4 oz | 0.35 | Clorox Spray | \$2.50 |
|  |  | Dish Soap, 18 Oz | \$1.99 |
|  |  | Dishwasher Tabs, each | \$0.10 |
|  |  | Fabric Softener Sheets | 1.99 |
|  |  | Kleenex | \$0.50 |
|  |  | Laundry Soap, 50 wash | \$1.99 |
|  |  | Light bulbs, LED | \$0.25 |
|  |  | Napkins, 200 ct | \$1.49 |
|  |  | Paper Towels, each | \$0.50 |
|  |  | Sandwich/Storage Bags | \$1.00 |
|  |  | Toilet Paper, 12 count | \$1.99 |
|  |  | Toilet Paper (per sq ft) | \$0.013 |
|  |  | Trash Bags, 40 count | \$2.99 |
|  |  | Windex | \$1.75 |

