



Monthly Meal Plan:

Budget:



Monthly Meal Plan:

Budget: _____

MON	TUES	WED	THURS	FRI	SAT	SUN



Monthly Meal Plan:

Budget: _____

SUN	MON	TUES	WED	THURS	FRI	SAT
B: L: D:						
B: L: D:						
B: L: D:						
B: L: D:						
B: L: D:						
B: L: D:						



Monthly Meal Plan:

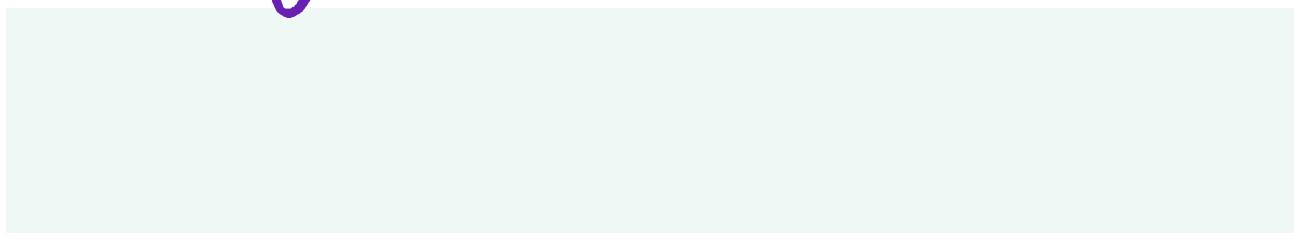
Budget: _____

MON	TUES	WED	THURS	FRI	SAT	SUN
B: L: D:						
B: L: D:						
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B: L: D:						
B: L: D:						

Weekly Meal Plan

Budget:

MON



TUE



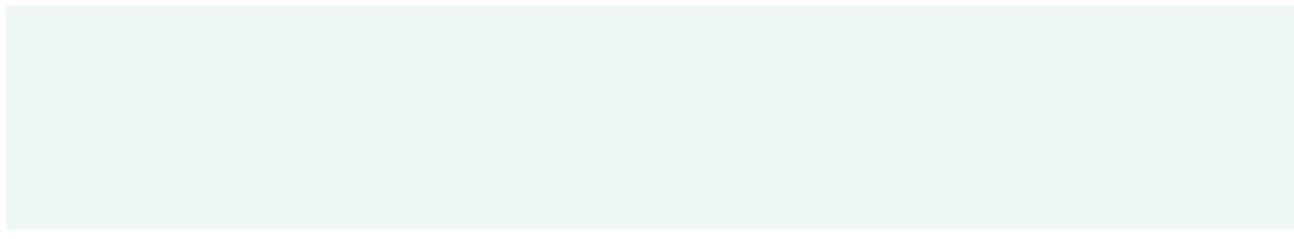
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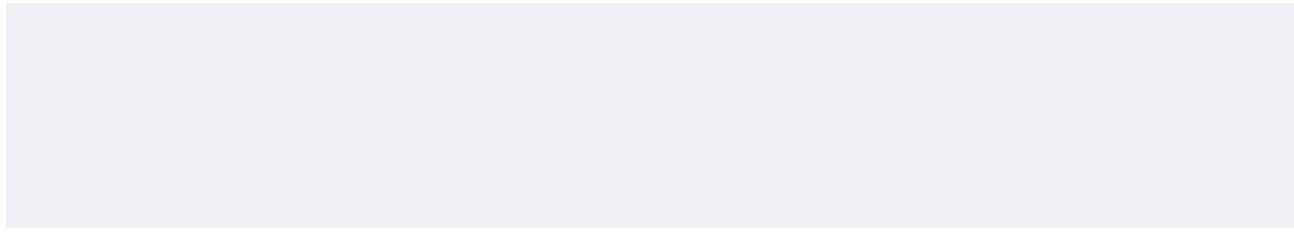
THU



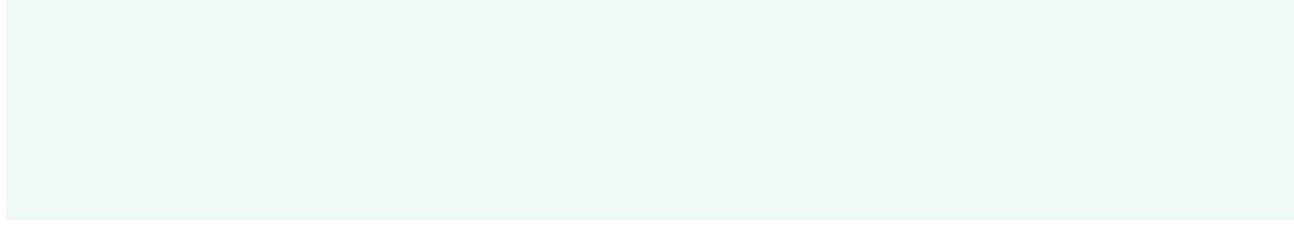
FRI



SAT



SUN



Weekly Meal Plan

Budget: _____

SUN

MON

TUE

WED

THU

FRI

SAT



Monthly Meal Plan:

Budget:



Monthly Meal Plan:

Budget:



Monthly Meal Plan:

Budget: _____

SUN	MON	TUES	WED	THURS	FRI	SAT
B: L: D:						
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B: L: D:						
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Monthly Meal Plan:

Budget: _____

MON	TUES	WED	THURS	FRI	SAT	SUN
B: L: D:						
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Weekly Meal Plan

Budget:

MON



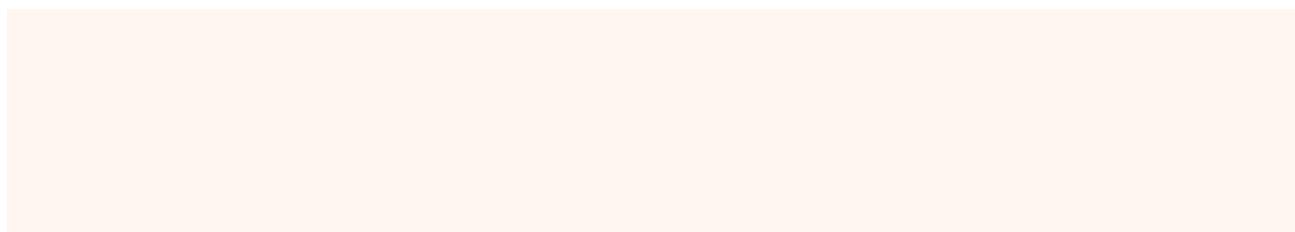
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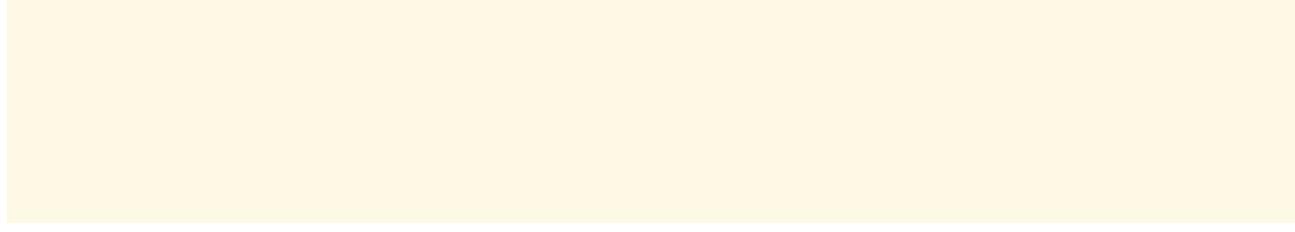
WED



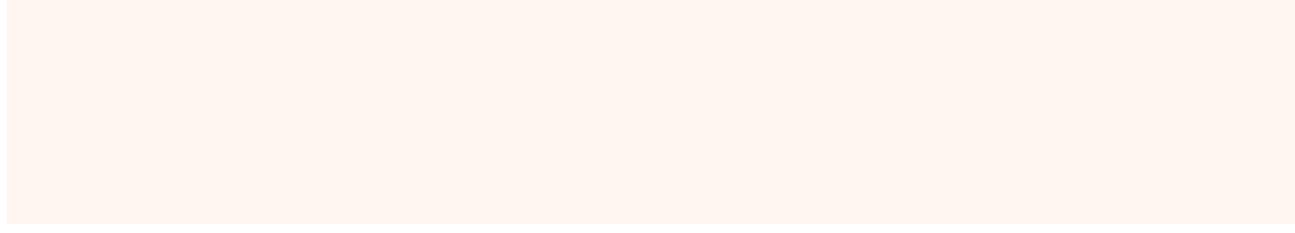
THU



FRI



SAT



SUN



Weekly Meal Plan

Budget:

SUN

MON

TUE

WED

THU

FRI

SAT